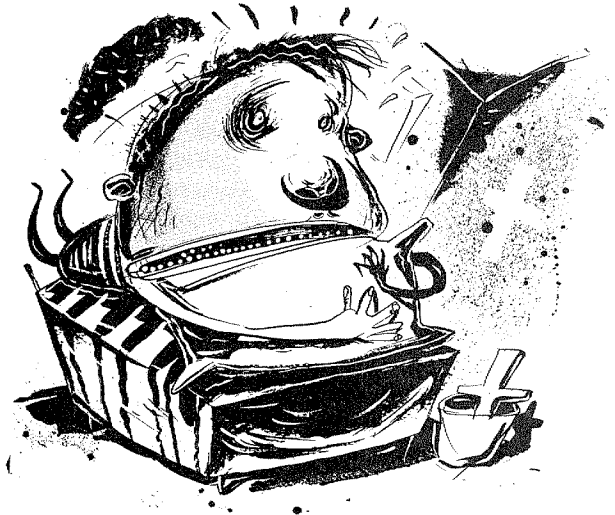


# DIVINE DESERT

1. How would you finish this statement?  
When I feel distant from God, it's usually because—
2. Check out **Psalm 143**. How was the author (David) feeling as he wrote it? Why?
3. Which response below would you chose to finish this statement?  
A Christian who is feeling down spiritually—
  - is probably committing a sin that causes guilt.
  - 'should read the Bible, pray, and go to church more.
  - can be a solid, committed Christian without major sins.
  - needs to get some extra sleep.
4. Here's a list of things that might help a person get back on track with spirituality. Which **two** would be the most helpful for you and why?
  - Moving to a new place to start over
  - Making new friends
  - Volunteering or doing good deeds
  - Going to a Bible study
  - Breaking some habits, such as drugs or alcohol abuse
  - Spending more time with God
  - Going to a Christian school
  - Taking a break from going to church
  - Other—
5. Now read **John 13:14-17**. What lesson was Jesus trying to teach his followers?



What result did he promise to those who lived according to this lesson?