

FEAR NOT!

1. What's the difference between **worry** and **concern**?
2. Below are some possible teenage worries. Put a **C** next to the ones a person would have some sort of **control over** and an **NC** for those one would have **little or no control over**.

- | | |
|--|---|
| <input type="checkbox"/> Dying | <input type="checkbox"/> Breaking up |
| <input type="checkbox"/> Getting acne | <input type="checkbox"/> Enduring parental abuse |
| <input type="checkbox"/> Having parents divorce | <input type="checkbox"/> Living through a war |
| <input type="checkbox"/> Living with alcoholic parents | <input type="checkbox"/> Not making a sports team |
| <input type="checkbox"/> Flunking a test | <input type="checkbox"/> Being pressured to succeed |
| <input type="checkbox"/> Having stress | <input type="checkbox"/> Getting in trouble with the police |
| <input type="checkbox"/> Being unpopular | <input type="checkbox"/> Dating |
| <input type="checkbox"/> Being a victim of school violence | <input type="checkbox"/> Abusing drugs and alcohol |
| <input type="checkbox"/> Being in a car accident | <input type="checkbox"/> Becoming pregnant |

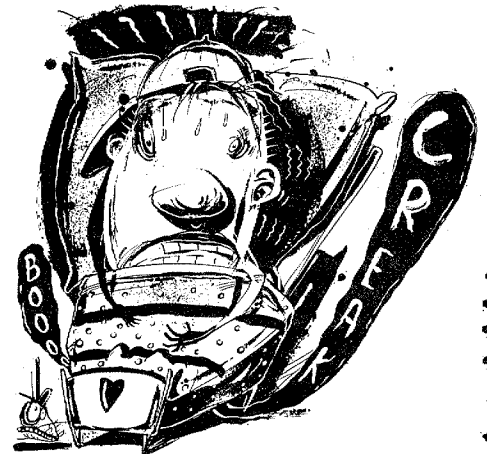
If problems can be prevented or dealt with in some way, why do teenagers still worry about them?

3. If you had absolute control over the troubles above, would you still worry? Why or why not?

4. Check out **Psalm 112:7-8**.

What does it say about a godly person?

- A godly person never has problems
- God will solve all my problems before any real damage is done
- I don't have to fear problems even when they come
- Problems will come, since it talks about triumph coming at the end



5. You're talking to a friend who is worried about a situation. Using Romans 8:28; Philippians 4:6-7; and 1 Peter 5:7, what advice would you have for him or her? Would your advice change if this person was a Christian? Why or why not?