

# PEOPLE PLEASER

1. Place an X on the line below that describes where you see yourself. Are you a follower or a leader?



Follower

Leader

2. When someone is **pressuring** you to do something you don't want to do, what do you do?

- Lie and make up an excuse
- Tell them it's wrong and that you won't do it
- Simply say no
- Go along with it anyway
- Suggest another activity
- Leave the room or situation
- Other—

3. What advice would you give in each of the following situations?

- a. Tyrel's friends always pressure him to do things he knows are wrong.
- b. Santos has a hard time being himself around his friends.
- c. Julie always waits to hear her friends' opinions before giving hers.
- d. Louisa is really uncomfortable if she isn't dressed just like her friends.



4. How often do you do the following? Rate each on a scale of 1 (always) to 6 (never).

- \_\_\_ I feel pressured to do what others are doing in order to be accepted.
- \_\_\_ I ask my parents for advice more often than I ask my friends.
- \_\_\_ I find it easier to speak up for what I believe, rather than to go along with the crowd.
- \_\_\_ I set my own standards, rather than live by the standards of others.
- \_\_\_ I quickly change my opinion if someone tries to argue with me.
- \_\_\_ I find that it's difficult to live a Christian life around my friends.

5. Check out these verses, and complete the sentences in your own words.

Romans 12:1-2

If I try to conform to other people at school—

1 Corinthians 15:33

I spend my time with people who—

Hebrews 11:24-26

I have chosen to be like—