

# THE CHOICE IS YOURS

1. List three big **life-changing decisions** that you must make in the future. When will you need to make these decisions?

2. Rank the following decisions from **easiest to make (1)** to **most difficult (15)**.

- |   |   |
|---|---|
| <input type="checkbox"/> Doing homework or going to the mall              | <input type="checkbox"/> What to do on Friday and Saturday nights       |
| <input type="checkbox"/> What video or movie to watch                     | <input type="checkbox"/> Who to go out with                             |
| <input type="checkbox"/> How to spend your free time                      | <input type="checkbox"/> What to spend money on                         |
| <input type="checkbox"/> What kind of music to listen to                  | <input type="checkbox"/> What Internet sites you visit                  |
| <input type="checkbox"/> How to treat your parents when you're in trouble | <input type="checkbox"/> Where to draw the line with physical intimacy  |
| <input type="checkbox"/> What statement you make with your clothes        | <input type="checkbox"/> What to do after high school and in the future |
| <input type="checkbox"/> How often you do your personal devotions         | <input type="checkbox"/> Who to hang out with                           |
|   | <input type="checkbox"/> How to treat others                            |

3. How would you answer these? **Y (yes)**, **N (no)**, or **S (sometimes)**?

- Do you have difficulty making up your mind?
- Do you feel you have too many choices in your life?
- Do you consider the consequences of your decisions before making them?
- Do you often change your mind after you have made a decision?

4. What do you do—or who do you go to—when you need help making a big decision?

5. What do each of the following Bible verses say about **making decisions**?

Proverbs 3:5-6

Matthew 6:33

1 Peter 5:8

