

COMING CLEAN

1. Do you think it's **easy** or **hard** to cover up something wrong that you've done? Why?

2. What are the **top five reasons** people cover up the things they do wrong?

- They're afraid that others will think they are weird.
- They're ashamed of what they did.
- They're afraid of what their parents will say.
- They think others will see them as hypocrites.
- They're afraid of punishment.
- They don't want to be humiliated in public.
- They're afraid they will get a police record.
- They're afraid they will get a bad reputation.
- They'll have to stop doing what they are doing.
- They think it's more fun if no one knows about it.



3. Alex was caught shoplifting. As part of his punishment, his parents made him go to the manager and each person who worked in the store and apologize to each one of them.

Do you think the punishment was—

- Fair and just
- A sure way to cure shoplifting
- Too harsh
- Child abuse
- Too embarrassing
- Stupid and ineffective

4. Check out **Proverbs 28:13**, **Isaiah 29:15**, and **1 John 1:8-9**. What do these verses say about hiding your sins?

5. Should people ever confess their wrongdoings to someone else? Why or why not?

If yes, who should people confess to?

If you wanted to confess your wrongdoing, who would you go to now?