



YOU MAKE ME SO MAD

1

Circle three from the situations listed to the right that would make you really mad:

- a. Someone calls you a dirty name.
- b. Your parents put you on restriction.
- c. You flunk a test.
- d. You have to do two hours of homework.
- e. Someone steals your bike.
- f. You are in a bad mood when your mom asks you to help with the dishes.
- g. Someone bullies you.
- h. A friend talks about you behind your back.
- i. Your parents blame you for something you didn't do.
- j. You have lost your allowance.

2

Complete the following sentences:

When my mom gets mad, she _____

When my dad gets mad, he _____

When I get mad, I _____

3

Darrin is standing patiently in the cafeteria line at lunch time. Two guys push their way into the line, cutting in front of Darrin. He is shoved off balance, falls down, and loses his place in line.

How would you feel if you were Darrin? _____

What would you do if you were Darrin? _____

4

YES or NO?

- a. I have the right to be angry with someone who hurts me.
- b. People who lose their temper are immature.
- c. Anger is a sin.
- d. Christians should show anger differently from non-Christians.
- e. Don't get mad, get even.

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

5

Choose one of the following scriptures to rewrite in your own words:

Proverbs 14:17

Proverbs 15:1

Ephesians 4:26-27
